THANK YOU MA'AM

By Charles Lewry

Following our last report on the Jubilee celebrations, who would have thought our next edition would be reflecting on the sad loss of our sovereign of seventy years. Very few of us on North Miller's Dale, would be able to remember any other monarch, and as governments come and go, she remained a constant in our lives.

I was born the year Elizabeth II became Queen but would have been too young to remember her coronation. But like every other child in the country. I was given a set of commemorative pencils. I have long since mislaid them, but it seems they are selling for £22 on ebay - considerably more than my father earned in a month back then.

CLAY GARDEN STUDIO AND TEAROOM

Frith Johnson is an artist and the owner of the Frith Dimension Gallery, Clay Garden Studio and Tearoom.

She says 'My main driving force as a person, is my art. I like to work in different materials while working on a chosen theme. The materials I choose are particular to the feeling and expression that I want to portray in each piece. This gives me a body of work, based on this particular subject matter.

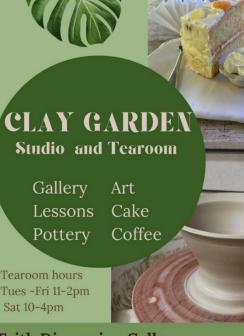
I work in two main areas, Fine art and Ceramic design. Although the ceramics has a design quality to each piece, you will still find a common theme running through this work.

Deep in the basement under The Picture Framing Shop is the most delightful, quirky tearoom! Serving tea, coffee, milkshakes, light savouries

and delicious homemade cakes - all presented with an artistic flair.'

Every corner of the tearoom oozes creativity and is very much a reflection of the owners personality. Frith is an artist, ceramicist and owner. She works from her adjoining Clay Garden Studio, where all the crockery is made as well as the art and ceramics for sale in her gallery upstairs. Workshops and art lessons are available.

Whether you want to try your hand at pottery, or simply come and enjoy a Moon Roast speciality coffee and piece of cake, the Clay Garden Tearoom is an experience in itself, and one not to be missed!



Frith Dimension Gallery www.frith-dimension.co.uk

56 HILTINGBURY RD

CHANDLERS FORD

SO53 5SS

Having worked in outside broadcasts during my career and having organised many big events. I watched the BBC's broadcast of the funeral with great admiration, as the coverage went without a hitch, throughout.

As a country we owe a great debt of gratitude, for a life of service, to someone who was still working up to two days before her passing. Most of us are pleased to be able to retire at 65 or thereabouts but she didn't have that option. So we raise a glass to a job well done, and wish the best of luck to the next generation. God save the King.



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Issue 53



JOHN, TAKE IT ON service. We will no longer be taking bookings for our outside tables.



By Nick Worledge Hi Neighbours,

First of all, hello from your new management team, John (manager) & Nick (Assistant, we have probably met before).

A new era of the farmhouse is coming, with Rob handing the pub back to Punch Taverns. Punch have gone into a managed partnership with John, who will be managing the place going forward. We still have the same friendly team with high service standards, who love to serve local faces.

Last week, Punch installed their new till systems. As a result of these new systems, the network went down on Friday morning, which incidentally put the whole pub offline. This is why our card machines have not been working. We understand this is inconvenient to a lot of our customers, so please accept our apologies for this minor mishap. Unfortunately, there isn't an instant fix to these network

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Inside this Issue	•	issues. But we hope to
Farming Changes Notice Board Local Focus Useful Numbers AGM Report	1 2 2 2 3	be back online and taking card payments as soon as we can.
Flexford Improvements Natural Artist Kids Corner Walking Netball Tribute to HRH Clay Garden Intro	3 4 6 7 8 8	These new till systems have come with a few minor changes in

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roasts.

Give us a call to book the Farmhouse Sunday Roast. Pick from a choice of Beef, Pork, Lamb, Chicken or Vegetarian.

They will be done on a first come first serve basis. We will also be transitioning to bar service for our outside tables, meaning people will have to come to the bar to order food and drink.

Punch have also made a new website for us which doesn't currently have an online booking system. If you keep a lookout on the website in the next few weeks, we will have a brand-new booking system called OpenTable which you will be able to book from. In the meantime, try giving us a call on 023 8184 4338 to book a table, an email on info@hiltonburyfarmhouse.co.uk, or a message on Facebook.

We have high prospects for the farmhouse, with the vision to be hosting more events for the community. Keep an eve out on our social media for such events and get in touch with us if you are interested. We are always looking for ways to improve, constructive feedback is always appreciated. So, if there is anything you wish to say to us, then contact us on the information above.

FARMHOUSE

hiltonburyfarmhouse.co.uk 02381 844338

Sundays are extra special at the Hiltonbury Farmhouse. Whether a quiet perusal over the Sunday papers or somewhere for the family to get together, it is the perfect spot to enjoy one of our





Why not plan ahead Christmas for celebrations? We have a great menu waiting for you. See our website for details of our festive offering.

Nick and John are looking forward to welcoming you to your local in the heart of North Miller's Dale.

John. Nick and THF Team.

the Information board

To hire the North Millers **Dale Community Hall**

Contact via Phone to:-

Matt on 02380 274775 weekdays 09:00 - 16:00 or email hoot@littledelwood.com

When confirmed please email: editor@nmdca.org.uk

Community Hall Keyholder

Doreen Lewry 2 023 80 268562 doreen@nmdca.org.uk





North Millers Dale Community Association

> Or drop articles into: 8 Weavers Place North Millers Dale



post Covid, Platinum Jubilee days, where our local residents were ready to let their hair down and have a great time. we are heading now into a much more uncertain era. That's not to say we shouldn't remain optimistic, but a rocky journey seems to lie ahead of us, before things may get better.

All of this makes planning future events difficult in order to predict how North Miller's Dale residents will support us. It may be, at the moment, that people will not be prepared to commit to signing up for events and activities not knowing what their future circumstances might be. Equally, it may be that people might want distractions from the current situation, and would welcome a locally sourced fun day or evening event.

We have the advantage of having everything within walking distance. This is a double bonus, in that burning expensive fuel in the car is unnecessary and should you wish to partake in a drink or two, getting home is not an issue.

So this where you come in. We need you to let us know what you would like us to arrange for you. I know there is enthusiasm to resurrect the Bletchley Park coach trip which we had to shelve because of Covid. Ideally we would also like to stage an event or two in the community hall, since the community association needs to take advantage of the complimentary uses of the facility, agreed with the lease holders.

As a voluntary organisation we don't usually plan to make a profit on our events, as long as we cover our costs. So on the whole what we organise is very good value for money. We need to keep a bit of money in our account to cover the costs involved in running the association. The most significant cost is printing the newsletter. which with the current number of advertisers means we operate at a slight loss. The newsletter, however, is generally felt to justify that subsidy.

Useful Numbers

Instead of thumbing through the Telephone Directory or Yellow pages to find that important number, look no further than the Miller's Tale. If you have any suggestions for a useful number that is not included please contact us Editors Millers Tale Charles 023 8026 8562

Gillian 07917 858 752

Emergencies

Electricity (Power Cuts)	0800 072 7282
Gas (escapes)	0800 111999
Police (non urgent)	101
Southern Water	0330 303 0368

Schools

Hiltingbury Infant School	023 8026 5414
Hiltingbury Junior School	023 8026 1808
Knightwood Primary	023 8026 1900
Merdon County Junior School	023 8026 5255
Thornden Secondary School	023 8026 9722
Toynbee Secondary School	023 8026 9026

Post Office

4 Ashdown Road	0345 722 3344
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Local Services

Eastleigh Tourist Information 023 8026 5500
Eastleigh Borough Council 023 8068 8000
Blue Star Buses 01202 338 421
Southampton Int Airport 0844 481 7777
Red Funnel Ships023 8001 9192
Railway Enquiries 0871 244 1545

Medical Services

Park Surgery, Hursley Road	023 8025 2131
St Francis Surgery, Valley Park	023 8025 2131
Boyatt Wood Surgery	023 8061 2051
Fryern Surgery	023 8027 3252
Eastleigh Health Centre	023 8061 2032
Southampton General Hospital	023 8077 7222
Winchester Hospital	01962 86 3535

Dentists

One Community

ice
023 8026 7141
023 8026 7889
023 8254 1100
07914 757 380

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023 8090 2450

PLAYERS ARE VERY PLEASED TO BE PART OF WALKING NETBALL SESSIONS



By Carey McCormick

We started a brand-new Walking Netball session at Hiltingbury Sports, in the New Year, with the support of EBC. This ran for 6 weeks up until February half term. We've received some amazing feedback. Due to popular demand from current participants the session has continued and is open to the community. We have space for being part of this newly found more people to join us. The session runs exercise group. The fun and Wednesday's 10am -11am and costs just £5

Here's what some of our participants had to say about what the session means to them.

"I have loved the sessions, it is lovely to exercise in a safe space, with lots of laughter and with it being during the daytime I am much more

Shamelessly lifted from Facebook but a great sentiment, worth sharing! Thanks Katie Hatcher

Just wanted to shout out how Lucky we are to live in CF... my son gets a puncture ..., No worries popped into Wessex Bike Hub with the front wheel and sorted in 5 mins! That would have taken me broken nails, sweating and bloomin ages to sort - thank you Then I popped next door to Charles Baynham who was about to close but waited for my meat order and got loads of quality meat for a decent price (cheaper than Asda when I added up) that will do us for ages

Tonight I'll be off to The Spinney 53 for my refills again much better quality, value and service.

I think we sometimes overlook what's on our doorstep and assume it's more expensive than the larger retailers.



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"The most fun I've had exercising for years - it doesn't feel like exercise! Friendly group - all ages, shapes, sizes and abilities are made welcome, well organised - Carey is an enthusiastic and motivational coach. Lots of variety between sessions as well as time to play a game. I truly have asked my

work if I can go part time so I can keep coming to the sessions. I'm enjoying it more than words can say!" Jackie

"So thankful and delighted at beneficial mornings have brought back a love of a great game I hadn't tried since Schooldays, some 50 years



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motivated to attend. Being a mum of 2 young children, with a computer job too, it gives me some variety from sitting at my desk and is good for my mental health." Georgina

> earlier. Loved it then and totally enjoying it now. Sharon age 62!!"

> "Having suffered with severe anxiety and depression for



over a year, I joined walking netball as part of my CBT treatment.

Carey was friendly and encouraging and I felt at ease from week one!

I have attended all six sessions and feel fitter and my anxiety has lessened.

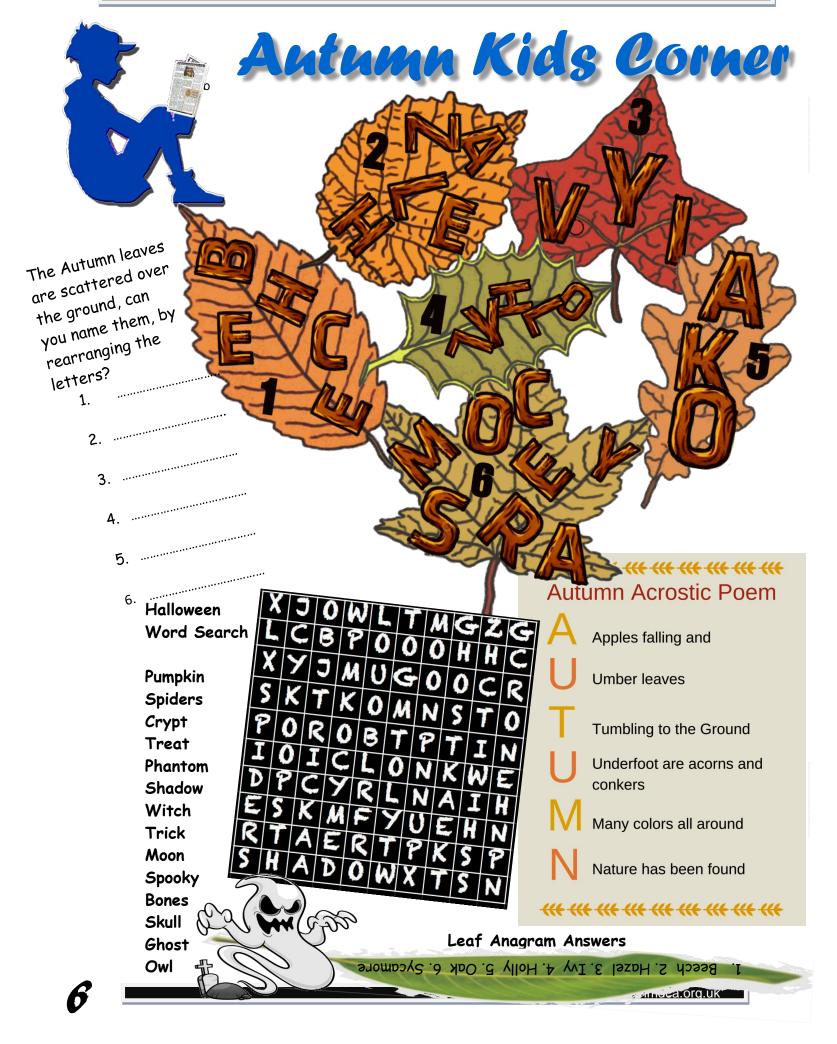
I really enjoy the netball and have made new friends, which is a bonus." Chris

Please feel free to join us, on Wednesdays starting 14th September. You can book online via the England Netball session finder https://engage.englandnetball.co.uk/sessionfin der?postcode=SO535NP or just turn up at the session, where you will need to complete a short form for registration.

For any questions, further details, please contact: Carey, Netball Development Officer on carey.mccormick@englandnetball.co.uk or 07595 086751

We are delighted the programme has provided such physical, mental health & wellbeing benefits to the participants, and look forward to welcoming everyone back. It's much more than just a sport!!!





AGM TAKES TO THE GRASS ON SCORCHING HOT EVENING

Bv Gillian Warde

On Tuesday 19th July we held our AGM. Due to the exceptionally hot weather, we moved from the Community Centre out on to the green. Our traditional glass of Pimms was very welcome due to the heat. The meeting began with my Chairman's report. After welcoming everyone, I was able to sum up the activities that had taken place over the last year. It has been great that the Walking Group has been able to return on the first Tuesday of each month and we have welcomed some new residents to this group. The Book Club also continued throughout Covid, thanks to Zoom. It has been great to now be able to meet in person. A wide variety of books had been read, including classics and some recently published books. We have continued to produce The Miller's Tale and there has been a lot of positive feedback. This year the two main events have been the purchase of the defibrillator for the use of the Community. We thanked Parish Councillor Pam Holden-Brown, Borough Councillor Judith Grajewski and the Parish Council for their support and funding of the defibrillator. Thanks should also go to Doreen for applying for the grant and presenting our case. We also held a successful event for the Queen's Jubilee on the green beside the Farmhouse.

The accounts which had been audited were

presented by Richard Mollen. This year's committee was elected: Chair - Gillian Warde Vice Chair - Phil Heller Treasurer - Richard Mollon Secretary - Doreen Lewry



General Committee members- Ursula Nicol, Graham Hooper, Richard Gower, Charles Lewry, Pam Holden Brown. John Tiller and Jackie Tiller.

We had a guest speaker John Corben, from Hampshire Police Cyberwatch. John gave a very interesting talk about hacking and password safety. It really made people think about their own passwords. He advised anyone who thinks their safety on line has been compromised, either online or by phone, to contact Action Fraud, via www.actionfraud.police.uk People can also contact https://hampshirecyberwatch.org for support and advice.

UPPER FLEXFORD RESERVE?

By Nigel Williamson (Friends of Flexford) It's done! Those horrendous footpaths have been restored and improved. Eastleigh Borough Council helpfully allocated a budget and contacted "Aquascience" who are experts at this type of wild life restoration.

The designated footpaths have been widened and levelled. The path has been rerouted past those exposed treacherous roots. A membrane has been put down on the levelled pathway and a substantial layer of scalping shav been compacted on top.

Most of the bridges over the stream have been safely secured and the worst areas of damaged banks have been reworked.

The reserve has been re-opened for everyone to discover the beautifully restored footpaths. They're safe and secure for all to walk and enjoy Flexford. Do go.

Thank you to the people I have been encouraging and supporting to tackle the task. Firstly the small group of Friends of Flexford who have supported and helped me.

Thank you to Ross McLean, Narinder Sims and Rachel Hardy, for supporting the restoration, securing the budget and creating a difficult management plan. Thank you also to Jamie Marsh of H&IWWT for their understanding and quiet work behind the scenes. So too thanks to James Duguid and the Hiltingbury Councillors for their quiet pressure behind other scenes. Many thanks to Aquascience for accomplishing such a great enhancement. With winter round the corner we will be able to enjoy Upper Flexford Reserve once again, but now in safety.

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Zero waste shopping has come to Chandlers Ford at The Spinney 53!

Bringing eco-friendly, low carbon and minimal packaging options for your daily essentials. It's a great opportunity to make small but significant changes to reduce your environmental impact at home.

Takeaway freshly ground coffee and loose tea with a delicious slice of cake made by our local baker. Fresh bread, eggs, veggies and more! Local products for local people

Fresh bread, eggs, veggies and more! Local products for local peop

Let's take care of our earth together.

Monday: CLOSED | Tuesday: 9:30am - 4pm | Wednesday: 9:30am - 2:30pm Thursday: 9:30am - 2:30pm | Friday: 9:30am - 2:30pm | Saturday: 9:30am - 3pm | Sunday: CLOSE

Mayflower Close, Chandler's Ford, Eastleigh, SO53 4AR 07459 072150 thespinney53.co.uk

We have opened our new seating area and it's been such a joy to see people pulling up a stool and having a natter over a good coffee and a slice of our delicious cake. This is what makes me happy and what I had been imagining. A place for our community to take some time to stop, breathe, drink, chat and basically give themselves 10 minutes to just be.



By Sally Goodden

With so much beautiful wildlife and scenery on our doorstep, it's no wonder that we keep discovering more local artists!

Sally Goodden is an animal artist, working from her log cabin studio in North Miller's Dale. Having spent many years illustrating field guides, she now creates joyful energetic wildlife paintings, animal portraits, and murals in schools and hospitals. In the recent Hares of Hampshire trail she painted Oriana Hare, to raise money for the Murray Parish Trust.

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"Nature is what drives me to put paintbrush to paper", says Sally. "Even on my local dog walks there is so much inspiration each day, from the early morning rays shining onto the ferns in Hocombe Mead, to the diversity of moths and butterflies in Flexford's fields. And what I love most of all, is to capture that magic spark in an animal's eye".

During the Covid lockdowns, Sally ran free Saturday morning Facebook live art sessions. These encouraged families from far and wide, to #spreadartyjoy, joining in regularly to paint rainbow animals together.

Now Sally teaches children and adults to create wonderful art in her log cabin. She runs three after-school classes a week for children, and occasional fun Friday evenings for adults who want to give painting a go, with some lovely art escapism for the evening.

So if you're looking for an artist to paint your pet, or you want to have some fun creating your own masterpiece, get in touch with Sally.

Website: <u>animalartist.biz</u>

Facebook: <u>facebook.com/SallyGooddenAnimalArtist</u> Instagram: @sally_animal_artist Mobile: 07870 667 516 Email: sally@animalartist.biz

For more examples of Sally's work go to: https://nmdca.wordpress.com/artist-galleries/





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Registered Charity No: 1070832

If you would like to place an advert in the Miller's Tale please contact editor@nmdca.org.uk and ask for an advertisers pack.

02380 267984 / 07734 699604 www.albelectrical.co.uk

3B at 3 Hursley Road, Chandlers Ford, Hampshire, SO53 2FW AIR CONDITIONING AND ELECTRICAL SERVICES





